

LEHI CITY RECREATION
JR FLASH BASKETBALL
BOYS & GIRLS 11-12 GRADE RULES
2009-2010

Specific Rules and Guidelines

High School Basketball rules will govern play with the following exceptions:

- A. Forfeits: Each team will be given a five (5) minute grace period starting at the scheduled game time before a forfeit is declared. The minimum number of players to start and continue a game is four (4). If the 4th player arrives before game time or during the grace period, the game will then begin at game time or as soon as the player arrives during the grace period. Once the 5th player arrives, they may enter the game at the next opportunity.
- B. Play will consist of two (2) twenty minute halves with the clock stopping during the last two (2) minutes of each half only. Half time will be 3 minutes. If a team is leading by 15 points or more in the 2nd half the clock will continue to run during the last 2 minutes.
- C. Timeouts: 2 one minute timeouts per half (these do not carry over).
- D. Overtime: 3-minute period(s) with the clock stopping during the last minute only.
- E. One (1) one-minute time-out given for each overtime (these do not carry over).
- F. Defense: Man-to-Man or Zone may be played.
- G. Full-court press may be played at any time. The exception is when a team is 15 points or more ahead they are no longer able to full-court. Once the point differential has dropped below 15 points full-court press may be resumed.
- H. Players and coaches will not be allowed to switch any player(s) to a different team. The Recreation Staff reserves the right to check player's identity with the roster at any time.
- I. Any player hanging on the rims before, during, or after the game will be suspended for one game.
- J. **Coaches must play all their players at least half (50%) of each game.**
- K. All teams must have an adult 21 years or older sitting on the bench for 11-12th grade.

PLAYER/COACH CONDUCT

- A. Technical Fouls
 - a. Everyone will be expected to display good sportsmanship at all times. Rude, disruptive or any other behavior not in conformance with our SAGE program will not be tolerated.

- b. If a player receives a technical foul they will sit out for eight (8) minutes of game time from the time it was given. Players receiving Technical Fouls with less than eight minutes in the first half will sit the remainder of their time in the beginning of the second half. If there is less than 8 minutes left in the game, the remainder of their time will be assessed the beginning of the next scheduled game.
 - c. If a second technical foul is received during the duration of the season or a single game, a minimum one game suspension will be assessed.
 - d. A third technical will result in the player or coach being suspended for the remainder of the season at a minimum and possibly a lifetime suspension at a maximum.
 - e. If a team receives seven (7) cumulative Technical Fouls throughout a season (both regular and post-season) the team will be dropped from the league for the remainder of the season.
- B. Fighting
 - a. Any player or players in a fight with other players, spectators, Facility guests, game officials, or other Lehi Recreation Staff will be suspended from the league for the remainder of the season.
 - i. Fighting includes but is not limited to (contact is not required): punching, kicking, slapping, hitting, etc.
 - b. Individuals involved in any physical altercation may also be prosecuted.
- C. Language
 - a. The F-Word will not be tolerated. Any use of this word will result in an automatic technical foul. If the word is used again in the same game a second technical foul will be given resulting in the player being ejected.
 - b. Any other use of profane or insulting language may and can result in a technical foul.
- D. Unsportsmanlike Conduct
 - a. Lehi Recreation shall have the authority to disqualify, suspend or remove any manager, coach, player, spectator or teams that conduct themselves in an unsportsmanlike manner before, during or after a game could poorly reflect on or discredit the program.
 - b. Game officials and scorekeepers are requested to file written reports of unsportsmanlike conduct by the close of the next business day following the incident. Such incidents include but are not limited to:
 - i. Fighting
 - ii. Unsportsmanlike Acts
 - iii. Verbal Abuse towards players, officials, scorekeepers, other staff, etc.
 - iv. Threats
 - v. Technical Fouls
 - vi. Ejections
 - vii. Unruly Players, Coaches, Fans and/or Spectators
- E. The buildings we use, and the custodians who work there, will be treated with the utmost respect. Any problems, reported to Lehi City, may result in a player or coach being asked to not participate further.

THE LEHI RECREATION STAFF DECISION IS FINAL IN ALL CASES!